



October

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG CHICKEN SANDWICH ~~~~~ WG CHICKEN FAJITA WITH OPTIONAL PEPPERS ~~~~~ STRAWBERRIES	3 TERIYAKI CHICKEN OVER WHOLE GRAIN RICE ~~~~~ SUPER NACHOS ~~~~~ COLESLAW	4 WHOLE GRAIN PIZZA ~~~~~ PIGS IN A BLANKET(BEEF HOT DOG WRAPPED IN DOUGH) ~~~~~ CAESAR SALAD	5 TURKEY GRAVY/MASHED POTATOES/GRAVY ~~~~~ ROASTED HONEY BBQ CHICKEN ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEAN	6 We ♥ the 80'S Day Foods from the 80's WALKING TACO WITH WG DORITOS ~~~~~ CHICKEN NUGGETS ~~~~~ JOJO POTATOES ~~~~~ PAC MAN COOKIE
9 NATIONAL TOASTED CHEESE SANDWICH ~~~~~ CHICKEN STRIPS AND BREADSTICK ~~~~~ TOMATO SOUP	10 SCHOOL SHREDDED BBQ CHICKEN & CHEESE PANINI SANDWICH ~~~~~ SWEET & SOUR CHICKEN OVER WHOLE GRAIN RICE ~~~~~ WATERMELON	11 LUNCH WHOLE GRAIN PIZZA ~~~~~ BBQ RIB HOAGIE ~~~~~ CAESAR SAAD	12 WEEK HOMEMADE CHILI WITH FRESH TOPPINGS ~~~~~ WHOLE GRAIN CORN DOG ~~~~~ FRESH MADE WG CINNAMON ROLL	13 NO SCHOOL INSERVICE DAY  Teacher Training
16 NO SCHOOL TEACHER INSERVICE DAY <u>DAILY CHOICES:</u> SANDWICH ~~~~~ YOGURT/WHOLE GRAIN BAGEL/SUNFLOWER SEEDS ~~~~~ VARIETY OF FRUITS AND VEGETABLES ~~~~~ VARIETY OF MILK	17 TERIYAKI CHICKEN OVER WHOLE GRAIN RICE ~~~~~ CHICKEN SANDWICH ~~~~~ COLESLAW	18 WHOLE GRAIN PIZZA ~~~~~ SUPER SLOPPY JOE ~~~~~ CAESAR SALAD	19 BREAKFAST FOR LUNCH CHICKEN FRIED STEAK WITH POTATOES & COUNTRY GRAVY ~~~~~ PANCAKES & SAUSAGE ~~~~~ FRESH MADE WG HONEY BUTTER DINNER ROLL ~~~~~ BLEUBERRIES WITH WHIPPED TOPPING	20 ITALIAN MEAT AND OLIVE CALZONE ~~~~~ CHICKEN FAJITA PHILLY SANDWICH ~~~~~ BROCCOLI WITH CHEESE
23 TOASTED CHEESE SANDWICH ~~~~~ CHICKEN STRIPS AND BREADSTICK ~~~~~ TOMATO SOUP	24 BBQ SHREDDED CHICKEN SLIDER SANDWICHES ~~~~~ SWEET & SOUR CHICKEN OVER WHOLE GRAIN RICE ~~~~~ FRUIT SALAD	25 WHOLE GRAIN PIZZA ~~~~~ PIGS IN A BLANKET(BEEF HOT DOG WRAPPED IN DOUGH) ~~~~~ CAESAR SALAD	26 SPAGHETTI WITH GROUND BEEF MARINARA AND PARMESAN CHEESE ~~~~~ WHOLE GRAIN CORN DOG ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEANS	27 CHEESEBURGER ~~~~~ WG SOFT TACO ~~~~~ STRAWBERRIES
30 HAM & CHEESE CALZONE ~~~~~ MOZZA MEATBALL HOAGIE ~~~~~ FRIES	31  JACK O LANTERN PIZZA ~~~~~ SCARECROW NACHOS ~~~~~ GREEN SLIME (JELLO WITH PEARS)	