

January

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| <p>Daily Choices Include:</p> <p>Variety of Fruits and Vegetables</p> <p>-----</p> <p>Variety of Milk</p> | | <p>3</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Whole Grain Pizza</p> <p>4. BBQ Rib Hoagie</p> <p>Caesar Salad</p> | <p>4</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Mac & Cheese</p> <p>4. Corn Dog</p> <p>Dinner Roll</p> | <p>5</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Fish Sticks</p> <p>4. Cheeseburger</p> <p>Fries</p> |
| <p>8</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Toasted Cheese Sandwich</p> <p>4. Chicken Nuggets and Mini Bun</p> <p>Tomato Soup</p> | <p>9</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Sweet & Sour Chicken Over Rice</p> <p>4. Two Slider Sub Sandwiches</p> <p>Corn</p> | <p>10</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Whole Grain Pizza</p> <p>4. Sloppy Joe</p> <p>Caesar Salad</p> | <p>11</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Chicken Fried Steak/Mashed Potatoes/Gravy</p> <p>4. Roasted BBQ Chicken</p> <p>Dinner Roll</p> | <p>12</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Soft Taco</p> <p>4. Chicken Fajita Philly Sandwich</p> <p>Layer Dip</p> |
| <p>15</p> <p>NO SCHOOL</p>  <p>Martin Luther King, Jr. Day</p> | <p>16</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Pancakes & Sausage</p> <p>4. Soft Taco</p> | <p>17</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Whole Grain Pizza</p> <p>4. Fiesta Taco Salad</p> <p>Caesar Salad</p> | <p>18</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Lasagna</p> <p>4. Corn Dog</p> <p>Cinnamon Roll</p> | <p>19</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Meatball Sub</p> <p>4. Cheeseburger</p> <p>Oven Roasted Vegetables</p> |
| <p>22</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Toasted Cheese Sandwich</p> <p>4. Chicken Nuggets</p> <p>Tomato Soup</p> | <p>23</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Teriyaki Dippers Over Rice</p> <p>4. Super Nachos</p> | <p>24</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Whole Grain Pizza</p> <p>4. Pigs in a Blanket</p> <p>Caesar Salad</p> | <p>25</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Spaghetti</p> <p>4. Baked Potato</p> <p>Dinner Roll</p> | <p>26</p> <p>NO SCHOOL</p> |
| <p>29</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Walking Tacos</p> <p>4. Chicken Sandwich</p> | <p>30</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Chicken Noodle Soup/Breadstick</p> <p>4. Roasted BBQ Chicken</p> | <p>31</p> <p>1. Sandwich</p> <p>2. Yogurt & Bagel</p> <p>3. Whole Grain Pizza</p> <p>4. BBQ Rib Hoagie</p> <p>Caesar Salad</p> |  |  |